

MESSAGE FROM THE PRINCIPAL

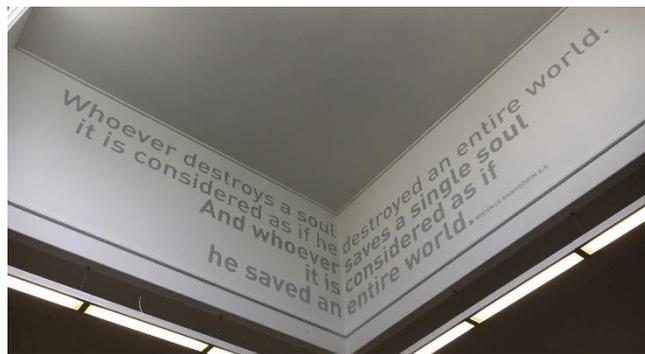
Dear Parents/Caregivers

Secondary School students can often have a rocky path on their journey through their teens, so we offer a number of supports they can access while here – here’s a reminder of the services students can use:

- ✂ For all of our students the first “port of call” in times of trouble is their Manaaki Teacher, or their House Dean; but also available are our Guidance Counsellor (Sue Mortimer) or School Counsellor (Richard Knox) who can deal with a range of issues students may be trying to cope with, including relationship issues, bullying, anxiety, family problems, emotional issues and so on. And don’t forget – all our staff are here to help;
- ✂ Our Careers staff can offer advice and contacts around employment and careers pathways;
- ✂ A doctor visits on Mondays, students can book to see her at Student Services;
- ✂ A nurse also visits Mondays, Tuesdays, Wednesdays and Fridays, again bookings can be made through Student Services;
- ✂ VIBE provides two Youth Coaches who are here most days and who mentor and support students aged 16 and 17, referrals are via our House Deans;
- ✂ PACT, who provide drug and alcohol counselling, visit once a week; referrals are through our Guidance staff;
- ✂ Quit Smoking come in once a week on a Tuesday – students can book a place through Ali or Leah in Student services;
- ✂ Similarly, students should see Ali or Leah if they want to meet the Asthma Nurse, who visits on the last Thursday of every month;
- ✂ A Dental Bus visits from time to time, and provides free dental care; they are due back next term, and we’ll let you know when through the Newsletter;
- ✂ Our “Futures” programme runs from 6:00am on Tuesday and Thursday mornings, and is available to any of our boys; the first hour is spent exercising in the gym and, following showers, breakfast is provided along with life and study skills; any boys interested should see Mr MacDonald;
- ✂ Student Mediation groups can be organised through the Guidance Counsellor – we have a pool of Student Mediators who are trained to facilitate peer mediations;
- ✂ We have a wonderful group of House Captains and Head Students who are willing to help if and when approached and can help point students in the right direction.
- ✂ Victoria University runs a programme called “Outreach”, which supports our Year 11 and Year 13 students who aspire to go to University (any University, not just Victoria). Sessions this year will be on Wednesdays at 2:00pm, beginning on 03 May.

Martin Isberg, Principal

ENGLISH FIELDTRIP



On Wednesday 22 March ENG201 visited the Holocaust Centre of New Zealand, the national Holocaust education and remembrance centre, whose aim is to inspire and empower individuals to stand against apathy. Following is a report on the fieldtrip by Kiya Louwrens (Year 12):

“In our 201 English class with Miss Graham we have been reading Markus Zusak’s “The Book Thief” for our novel study. To help us further understand the events in the book (which is based in World War II Germany) we went on a trip to the Holocaust Centre in Wellington.

Whilst there, we learnt more about the events of the Holocaust as well as had the opportunity to hear from a survivor and visit the Synagogue. Overall, the trip really helped us to better understand what the Jewish and other Holocaust victims went through, which in turn will support our novel study.”

Kiya Louwrens (12TFT)

SPORTS UPDATE

Congratulations to the following students who competed in the Wellington Regional Athletics held at Newtown Park last Friday: Joel Carman won the 1500m Senior Boys, Precious Aumatagi placed 3rd in the Shotput Senior Girls and Callum Blackman gained 3rd place in the 100m Senior Boys (Athletes with Disability) event.



Joel Carman



Precious Aumatagi



Callum Blackman

Joel Carman will now represent Wellington Secondary Schools in the 1500m and 3000m at the 2017 North Island Secondary Schools Athletics Championship, which will be held in Inglewood, Waikato on Sunday 09 April. We wish him all the best in his events.

Peter Cowan, Sports Coordinator

EQUESTRIAN TEAM



2017 is the first year that Wainuiomata High School has been able to field an Equestrian Team, who competed on Tuesday at the Equine Interschool Competition. The Equestrian Team comprises Toni-Ann Williams (12NHW), Tayla Hutchison (12RFE), Jaimie Nash (12RFE) and Abby James (12RFE), and is managed by Katana Hutchison, who provided the following report:

“There were 24 schools in this competition with many having two or more teams. Wainuiomata High's Team was represented well and proved themselves a team to be looked out for in the future. This was this team's first outing together and my first as their Manager and they were amazing kids. It is so great to see them out there supporting each other, they all behaved impeccably and were a credit to the High School.

As Jaimie's horse went lame the day before the competition, the team chose to ride as individuals for the school with Jaimie providing support and on-the-ground help. All the girls rode fantastically and we ended up with each girl doing three rounds at three different heights, with not one rail/penalty or refusal for any of them. Competition was fierce with some classes having over 70+ riders; they only did ribbons to 6th place with placing's to 10th.

Toni rode 50cm, 60cm, 70cm, she had three beautifully ridden rounds and placed well within the top 20 (out of 70+) in each of her rounds. Abby rode 60cm, 70cm, 80cm, she had three beautifully ridden rounds and also placed well within the top 20 (out of 70+) in each of her rounds. Tayla rode 60cm, 70cm 80cm, she also had three beautifully ridden rounds and placed well within the top 20 (out of 70+) in her 60cm and 70cm classes. A highlight for her was placing 7th (only one out of the ribbons) in her 80cm class.”

Katana Hutchison, Equestrian Team Manager



Jaimie Nash



Tayla Hutchison



Toni-Ann Williams



Abby James

COMMUNITY ENGAGEMENT

So what would you do if there was an earthquake tomorrow? How long could you look after yourself if Wainuiomata was cut off? Are you prepared? Do you have a plan? How do you find out what is happening? How could you help? Where do you go for help? **Come along to the Wainuiomata Community Hall (Queen Street) on Saturday 08 April from 10:00am-12:00pm to find out how you can get prepared and how you can help Wainuiomata after a disaster (public meeting is followed by a Community BBQ).**