



MESSAGE FROM THE PRINCIPAL

Dear Parents/Caregivers

If your child is in Year 9 or 10, then next week you will receive (through the mail) their Term One Junior Certificate.

On the Certificate, you will see **for each subject** three marks – each out of 20 – that represent:

- 🔊 a curriculum achievement mark
- 🔊 a mark based on your child's "Managing Self" in that subject
- 🔊 a mark based on your child's "Working with Others" in that subject.

Included in the letter will be a sheet that explains what was measured for each subject; for instance, in "Managing Self" the mark may be derived from your child's "Bringing gear and ready to start learning", or "Correct equipment, punctuality, attendance and application", or "Work Completion" – it depends on the subject.

So why are we issuing Junior Certificates each term?

- 🔊 Just as Manaaki Teachers will have regular conversations with their Senior students about NCEA, they can also have conversations with their Junior students on how they are progressing through their Year 9/10 subjects.
- 🔊 It will give Year 9 and 10 students experience in accumulating "points" during the year, and monitoring their own progress, a crucial skill in gaining NCEA credits and qualifications in Years 11-13.
- 🔊 It will give parents/caregivers a useful tool to track their child's progress through the Junior school.
- 🔊 It also allows Heads of Faculty to have conversations with their staff around achievement in Year 9 and 10 classes.

So what do you do with your child's Junior Certificate? Please take the time to have a conversation with your child about the scores they have gained – what's "looking good" (and congratulate your child 😊); and what areas of concern there are, and how you and your child are going to address them. Remember that a good goal is always to do better – and gain a higher score – in each subject in Term Two.

Remember also that if you want to discuss your child's score (or progress) in a subject or subjects, then contact your child's Manaaki Teacher, House Dean or Subject Teacher(s) – email is best, check out the address on our website (www.wainuiomatahigh.school.nz) or ring the High School's Office (04-9383224) and leave a message for the teacher to contact you.

On a completely different note – some members of my staff have expressed concern about a new series being shown on Netflix, called "13 Reasons Why". It's about a teenager called Hannah Baker who commits suicide, and leaves behind 13 recorded tapes, one for each of the people she says caused her to end her life.

I'm told the programme is "grim", including two graphic rape scenes, and the three-minute scene of Hannah's death. The Mental Health Foundation has described the programme to be "irresponsible, unsafe and unethical".

Our strong advice is that if your child is likely to watch the series, it should be watched in the company of a parent so that an issues can be talked about. If you find it difficult to talk to your child about mental health issues, or just want some good ideas, here's a really good New Zealand video –click here <https://www.youtube.com/watch?v=eloUUm2IUMU> or go to You Tube, and type Le Va B.R.A.V.E (the full stops are important!).

We are always worried about keeping our students safe. For students who are anxious, depressed or feeling isolated or vulnerable, talking is the best approach to tackling personal struggles. While the programme may give some inappropriate messages, it may also give youth a chance to discuss the often-taboo subject of self-harm or suicide.

If you or your child want to talk, our Guidance Team are available. Alternatively, here are some other contacts – please keep this for future reference. **In case of emergency, ring 111, or the CAT team at Hutt Hospital on 0800-745477.**

Where to get help

Lifeline (open 24/7) - 0800 543 354

Depression Helpline (open 24/7) - 0800 111 757

Healthline (open 24/7) - 0800 611 116

Samaritans (open 24/7) - 0800 726 666

Suicide Crisis Helpline (open 24/7) - 0508 828 865 (0508 TAUTOKO). This is a service for people who may be thinking about suicide, or those who are concerned about family or friends.

Youthline (open 24/7) - 0800 376 633. You can also text 234 for free between 8am and midnight, or email talk@youthline.co.nz

0800 WHATSUP children's helpline - phone 0800 9428 787 between 1pm and 10pm on weekdays and from 3pm to 10pm on weekends. Online chat is available from 7pm to 10pm every day at www.whatsup.co.nz.

Kidsline (open 24/7) - 0800 543 754. This service is for children aged 5 to 18. Those who ring between 4pm and 9pm on weekdays will speak to a Kidsline buddy. These are specially trained teenage telephone counsellors.

Alcohol Drug Helpline (open 24/7) - 0800 787 797. You can also text 8691 for free.

For further information, contact the Mental Health Foundation's free Resource and Information Service (09 623 4812).

PACIFIC "ON CAMPUS" EXPERIENCE SCHOLARSHIP



Congratulations to Year 13 students, Hope Sa'u (Ngata House Captain) and Joseph Tunupopo (Deputy Head Boy and Board of Trustees Student Representative), who have both been awarded a Pacific "On Campus" Experience Scholarship from The University of Otago.

Next week both Hope and Joseph will be flown to Dunedin, accommodated and hosted by The University of Otago Pacific Islands Centre. During their On Campus Experience, they will attend the

Dunedin Tertiary Information Day, hear Guest Presentations from University of Otago Staff and students, attend a mentoring programme with current Pacific students studying at the University and visit Dunedin's Chinese Gardens.



**WEDNESDAY
24 MAY 2017!
HIGH SCHOOL
AUDITORIUM
10:00AM – 3:00PM**

Our annual Careers Expo is coming up and we will have approximately 30 providers attending. This is a fantastic opportunity to see what's out there, what courses are available and to make plans for YOUR future! Parents/caregivers are welcome to pop in – we'd love to see you there.

The Careers Team



SUNDAY 7 MAY 2017 | 11AM-3PM

HUTT STEMM DISCOVERY DAY FREE

PELORUS TRUST SPORTSHOUSE, HUTT PARK ROAD, SEAVIEW, LOWER HUTT

Here is an opportunity for kids and adults to get hands-on with fun activities and fascinating science experiments. There'll be programmable robots called BeeBots, you can build your own model Earth, and experience a chemical reaction in your mouth!

Have fun trying new things and discovering the magic of STEMM. A great introduction to STEMM subjects for kids.

MORE INFORMATION: Contact events@huttcity.govt.nz



COMING UP

Wednesday 24 May	Careers Expo, Auditorium (10:00am-3:00pm)
Friday 26 May	Pink Shirt Day (Anti-Bullying Mufti Day)
Tuesday 30 – Wednesday 31 May	Wainuiomata High School "On Tour"
Thursday 01 June	Wellington Regional "Stage Challenge"
Friday 02 June	Teacher Only Day
Saturday 03 June	Senior Formal at Te Papa
Monday 05 June	Queen's Birthday
Wednesday 07 June	Year 8 Open Day (school finishes at 11:00am for most students)
Friday 09 to Tuesday 13 June	Senior Exams
Wednesday 21 June	Year 8 Information Evening, Staffroom (7:00pm-8:00pm)

WINTER SPORT – 01 May to 07 May 2017

Date	Day	Sport	Team	Opposition	Time	Venue
01 May	Monday	Netball	Prem 1	Naenae	8:30pm	St Oran's
03 May	Wednesday	Football	HV Div 2 Girls	HVHS 2	4:00pm	HVHS 1
03 May	Wednesday	Rugby	Prem 3 Girls	Upper Hutt		WBD
05 May	Friday	Basketball	Senior Boys	Hutt International	7:30pm	ASB Sports Centre 5
05 May	Friday	Basketball	Senior Girls	Sacred Heart	6:00pm	Sacred Heart
06 May	Saturday	Football	Youth Div 6/7 Boys	Onslow 3	11:00am	Onslow 2
06 May	Saturday	Football	Youth Div 14-16 Boys	St Pats Wgtn 8	11:00am	Wainuiomata 1
06 May	Saturday	Netball	Collegiate 3	Chilton 3	9:00am	Taita Coll Ct 1
06 May	Saturday	Netball	Collegiate 3 (WHS 2)	Taita 3	9:30am	Taita Coll Ct 4
06 May	Saturday	Netball	Collegiate 5 (WHS 3)	Sacred Heart 14	2:00pm	Taita Coll Ct 2
06 May	Saturday	Netball	Collegiate 5 (WHS 3)	HVHS 11	2:30pm	Taita Coll Ct 2
06 May	Saturday	Netball	Collegiate 10 (WHS 4)	Sacred Heart 25		WBD
06 May	Saturday	Netball	Collegiate 10 (WHS 4)	HVHS 20	1:30pm	SHC Ct 2
06 May	Saturday	Netball	Collegiate 11 (WHS 5)	Sacred Heart 26	3:00pm	SHC Ct 1
06 May	Saturday	Netball	Collegiate 11 (WHS 5)	Naenae 7	3:30pm	SHC Ct 3
06 May	Saturday	Rugby	1 st XV Boys	Scots		LBD
06 May	Saturday	Rugby	Under 15 Boys	Porirua	11:30am	Wainuiomata 1
06 May	Saturday	Rugby	Under 65 Boys	Bye		
06 May	Saturday	Rugby	Under 55 Boys	Paraparaumu	10:00am	Wainuiomata 2

Wainuiomata High Format

Enchanted Forest

SATURDAY
JUNE 3RD
OCEANIA ROOM - TE PAPA

TICKETS ON SALE - \$100
APRIL 10th - MAY 19th

DOORS OPEN FROM 7:00PM - 7:30PM
ENDS 11:30PM

Parenting Helpline

we can help with your parenting concerns

get support, advice and practical strategies

Call 0800 568 856
9am - 11pm Monday to Sunday

www.parenthelp.org.nz

Parent Help
For Parents and Family Support