



## MESSAGE FROM THE PRINCIPAL

Tena koutou, Talofa lava,

### Joshua Smith and Heather Smith

I was fortunate enough to attend the session Josh and Heather facilitated.

Both Josh and Heather are studying Law at Victoria University. Heather (former Head Girl) graduated from Wainuiomata High School in 2013 and Josh graduated Wainuiomata High School in 2014.

They spoke with such passion and pride about their time here at the High School. They emphasised that their teachers here had incredibly high expectations of them and all the students in their classes.



They are both incredibly proud to say that they attended Wainuiomata High School and encouraged our current Year 12 and 13 students to be proud of who they are and where they have come from.

Josh and Heather offered the students some tips on how to be successful, which I would like to share with all of our students:

1. Ask lots of questions in class.
2. Ask the teacher how you can do better next time – even if you have achieved an Excellence grade.

3. Don't fear failure – failing things is a great way to learn.
4. Time management is really important.
5. Take responsibility for your own learning.
6. Self care is important:
  - drink lots of water
  - eat properly
  - 8 hours of sleep is important
  - don't overdo things and get stressed out
  - do some exercise.

It just reminded me that we have such amazing successful young people here at Wainuiomata High School, and we need to encourage them to make the most of all the opportunities that are available to them here at the High School.

### Eat My Lunch

Late last year "Eat My Lunch" received a nomination from a member of the public for Wainuiomata High School to be part of the "Eat My Lunch Give Programme".

For every meal that "Eat My Lunch" sells, they are able to give a lunch to a kiwi kid who might otherwise go without.

We have now been offered this opportunity, from "Eat My Lunch" to provide lunches for any students who might otherwise go without. These lunches would be provided five days a week during term time.

If you would like your child to be provided with a free lunch because you are unable to provide one, please contact Ali or Leah in Student Services, with your child's name and Manaaki class before 15<sup>th</sup> May. You can reach them by email [studentservices@wainuiomatahigh.school.nz](mailto:studentservices@wainuiomatahigh.school.nz) or phone on 04-9383224 Ext 7015, or visit Student Services.

## Winter Uniform

Just a friendly reminder about our winter uniform for Term Two. Basically it is the same as the summer uniform with extra layers. It is important students stay warm and dry over winter.

Please remember that students are only allowed to wear black jackets at school. Students may wear long-sleeved white tops (not any other colour) underneath their shirts/blouses.

If students are wearing a hat at school it must be a High School branded cap or beanie. School beanies are available to buy from the school office for \$13.

## Great Students

We have amazing students here at Wainuiomata High School. They continue to make me feel very proud. And they are certainly a credit to their whanau.

I would like to share two recent stories with you.

On 27 March, Sarah Dyson and Petra Herings (Arts Faculty) took 29 students to The Dowse Art Museum. The following day I received an email from Courtney Johnston, the Director of The Dowse and Petone Settlers Museum. I have attached excerpts from her email:

*“What an absolute pleasure it was having your students with us. Not only were our educators Cat and Jolie delighted to work with them, but two different groups of visitors also approached our hosts to tell them how amazing the Wainuiomata High Students were.*

*Amongst the feedback we received from the public about your students were that they were engaging with the art and having thoughtful conversations, were very respectful of staff and others, were welcoming and friendly to other visitors and overall gave a fantastic energy to the whole place.*

*One tourist said that he made the effort to bus out from Wellington just to go to The Dowse and the exhibitions were amazing but his interactions with the students had made it his most memorable gallery experience.”*



The second story is about ANZAC Day. A huge thank you to our four Head Students (Leon McLeod-Venu, Jasmine Inthavong, Faleono Leala and Alyssia Cody), six of our House Leaders (Kathrine Taituave, Johanna Schreuder, Logoaina Lauama, Dante Kakahi, Ravin Lal and Daniel Oti) who attended the Wainuiomata 11am ANZAC Service on Wednesday 25 April.

Leon and Fale were also the Guest Speakers for the Service and spoke confidently. I thank all the students for taking time out of their holiday break to represent our school and participate in the service.

## Building Programme

During the holidays we had another good meeting with our Designers, Stephenson and Turner. They also met with a group of our students in the last week of Term One. We are starting to make some progress and very soon we will have something for us to share with you and for you to comment on.

## Keyboard Donation

A special thanks to the Wainuiomata Stroke Club who this week kindly donated a high-quality electric piano to the High School.

Music teacher, Hazel Fenemor, has said that it will get lots of use, especially by the junior music students. As it is portable students will be able to use it for performance in and out of school. It was a very kind and generous gesture, which we are very grateful for.

## Futures Programme

On a frosty cold morning this week I was delighted to be invited to the Futures Programme.

Every Tuesday and Thursday morning at 5:00am our Futures boys, all students at Wainuiomata High School, are picked up by van and delivered to our Gymnasium.

A huge thanks to Bill Sharp (Sharpie) who has been leading this programme since Wainuiomata High School started in 2002.

Each session starts with the boys greeting each other with a handshake and hug – Sharpie gets a hug and handshake from all the boys too. They then sing a song and get started on warm up exercises.





The morning I visited they headed out for a run and then came back to the gym for a weights session. After the physical session and showers, Sharpie cooks the boys breakfast and then he takes them through a life skills study session.

The boys help clean up and they have a spare 30 minutes before school starts.



It was wonderful to experience the energy, enthusiasm and respect the boys had for Sharpie and their morning training session.

There are still places in the Futures Programme if any boys (Years 9-13) are interested in joining. A big thank you to Denton Kupenga, one of our Teacher Aides, who also turns up to support the boys.

*Janette Melrose, Principal*

### PASI Night

PASI (Pacific All Stars Initiative) is a leadership programme for young students who aspire to be great role models for their school and their community.

Alyssia Cody (Deputy Head Girl), Aleisha Telea (Year 10), Mr MacDonald and I all attended the programme, and engaged with many students and teachers from other schools who had the same vision of ensuring a positive future for our Pasifika students and also having more opportunities for our Pasifika students to strive towards achieving their personal goals.

From the leadership programme, we are all passionate and motivated about the change that is soon to be coming in our school and community.

*Akenese McCarthy (11ATG)*

### “LOVE WAINUIOMATA” COMMUNITY CONNECTION

Love Wainuiomata is a community-led group who are revitalising and refreshing the Queen Street area.

On Saturday 12 May they are launching and officially opening the new BBQ area in the Mall Reserve area and providing a BBQ and entertainment.

You can see more about what they are doing by going to their Facebook page “Love Wainuiomata” or their website [www.lovewainuiomata.com](http://www.lovewainuiomata.com)